Parent Meet & Greet

Class of 2023

Wednesday, May 1, 2019 at 9:15am

Hosted by Ann Sobrato HS Home & School Club
Do Good.
Be GREAT.
Welcome to the Sobrato family!
Ranked #1,244 in U.S.
out of 17,245 schools
(top 7%)!
PRINCIPAL

● Ms. Macko

ASSISTANT PRINCIPALS

● Ms. Sage (A-Go)
● Mr. Miller (Gr-N)
● Ms. Guthrie (O-Z)

Combined 49 years at Sobrato!
ready? set? high school!
Orientation - August 8th

- Turn in paperwork
- PE Clothes
- ASB Card
- Yearbook
- School Pictures
- Class Schedule
- Parent Session in PAC
Lockers

Practice,

Practice,

Practice!
First Day of School

- Campus Climate
- Bell Schedule
- Keynote Speaker
DROP-OFF & PICK-UP

Arrive early ... it's a big campus!
# Block Schedule

## Monday

<table>
<thead>
<tr>
<th>Period</th>
<th>Starting Time</th>
<th>Ending Time</th>
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<tbody>
<tr>
<td>0</td>
<td>7:00</td>
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<td>9:06</td>
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<td>2</td>
<td>9:13</td>
<td>10:13</td>
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<tr>
<td>Brunch</td>
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<td>3</td>
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<td>11:31</td>
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<tr>
<td>4</td>
<td>11:38</td>
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<tr>
<td>Lunch</td>
<td>12:34</td>
<td>1:04</td>
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<td>1:11</td>
<td>2:07</td>
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<td>6</td>
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## Wednesday (late start)

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<tr>
<td>Brunch</td>
<td>9:58</td>
<td>10:13</td>
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<tr>
<td>Advisory</td>
<td>10:12</td>
<td>10:37</td>
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<tr>
<td>3</td>
<td>10:44</td>
<td>12:24</td>
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<tr>
<td>Tutorial</td>
<td>12:24</td>
<td>12:53</td>
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<tr>
<td>Lunch</td>
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<tr>
<td>4</td>
<td>10:20</td>
<td>12:05</td>
</tr>
<tr>
<td>Tutorial</td>
<td>12:05</td>
<td>12:48</td>
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<tr>
<td>Lunch</td>
<td>12:48</td>
<td>1:18</td>
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Tutorial

- 3 days per week
- 115 minutes total
- Ask for help, form study group, make up test, do homework
- Make a plan!
  - Teachers are encouraged to limit their Tutorial class size, so students should plan ahead to ensure they find their classrooms quickly and get a seat before they fill.
Advisory

- 25 minutes on Tuesday
- Small class size
- Personalization
- Grade level lessons
- Advisory leaders
ATTENDANCE

Students must have 90% positive attendance.

- Includes excused and unexcused absences
- Under 90% = no extra curricular activities (dances, sports, senior activities, etc.)
- Considered chronically absent if below 90% and is reported to the State
- Other consequences can occur with unexcused absences or tardies
Families have 3 days to notify our Front Office regarding an absence (per Board policy).

- You can call, email, or send a note
- If a student needs to be picked up, please notify the Front Office in a timely manner so that students can pick up their passes before school or during brunch/lunch. This will minimize classroom interruptions.
- Check your Aeries parent portal regularly to monitor attendance.
# Athletics

**Athletic Director:**

Lawrence Crawford

<table>
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<tr>
<th>FALL (August 9)</th>
<th>WINTER (November 4)</th>
<th>SPRING (February 3)</th>
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<tbody>
<tr>
<td>Cheer</td>
<td>Cheer</td>
<td>Badminton</td>
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<tr>
<td>Football</td>
<td>Wrestling</td>
<td>Diving</td>
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<tr>
<td>Boys Cross Country</td>
<td>Boys Soccer</td>
<td>Boys Baseball</td>
</tr>
<tr>
<td>Boys Water Polo</td>
<td>Boys Basketball</td>
<td>Boys Golf</td>
</tr>
<tr>
<td>Girls Cross Country</td>
<td>Girls Soccer</td>
<td>Boys Swimming</td>
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<tr>
<td>Girls Tennis</td>
<td>Girls Basketball</td>
<td>Boys Tennis</td>
</tr>
<tr>
<td>Girls Field Hockey</td>
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<td>Boys Track &amp; Field</td>
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<tr>
<td>Girls Water Polo</td>
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<td>Boys Volleyball</td>
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<tr>
<td>Girls Golf</td>
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<td>Girls Softball</td>
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ATHLETICS

- Eligibility
- Physicals
- Tryouts

Registration:
sportsnethost.com/sobratohs-parent
ATHLETICS

sobratoathletics.com

- Athletic Handbook
- Athlete Online Registration
- Coach Info
- Booster Club Info
- Forms
- News
- Team Schedules
WHERE DO I EAT?

🌟 Main Kitchen

Our students spend Lunch period in Quad, Library, hallways and classrooms
DO FRESHMEN INTERACT WITH UPPERCLASSMEN?

- Mixed grade courses
- Clubs
- Leadership Opportunities
  - ASB
  - FFA
  - Advisory
CLUB DAY - SEPTEMBER 6TH
1:1 Chromebooks

9th Grade

- Intro lesson 8/19
- Distribution and setup 8/20 & 8/21

Insurance

- [http://mhusd.org/technology](http://mhusd.org/technology)
- $35/year
Counseling Dept.

- Mr. Thomas (A-Li)
- Ms. Witthaus (Lo-Z)
- Mr. Duron (CARE)

[Image: South County Cal-SOAP]
After School Support

Homework Center
Mon-Thurs 3:15-4:15
Library

Math Help Center
Mon-Thurs 3:15-4:15
Classrooms
Parent Involvement

Elected Committees
- School Site Council
- ELAC

Booster Groups
- Ag Boosters
- Athletic Boosters
- Grad Night Committee
- Music Association
- Theatre Society Boosters

Volunteers
- Fingerprinted at middle school? You’re set!
HOME & SCHOOL CLUB

- Serves all students
- Provides classroom materials and PD
- Fundraisers
- Health & Wellness Drive
- Staff Appreciation
Parent Involvement

Help Needed!


More info to come via all-call and e-newsletter
Important Dates

August 8 - Freshmen Orientation
August 15 - 1st Day of School
August 20-21 - Chromebook Distribution
August 29 - Back-to-School Night 6pm
October 9 - PSAT (during school day)
December 17-19 - Semester 1 Final Exams
STAY UP-TO-DATE!

http://sobrato.mhusd.org/e-newsletter
Do Good.
Be GREAT.